



Explorer's Club Snacks May / June

Monday	Tuesday	Wednesday	Thursday	Friday
30 Teddy Grahams or Fresh Fruit Milk or Juice Choice	1 Home Baked Cookie or Cheese Stick Milk or Juice Choice	2 Fruit Cup or Chips / Salsa Milk or Juice Choice	3 Shape-up or Pretzel Dolphins Milk or Juice Choice	4 Pudding Cup or Munchie Mix Milk or Juice Choice
7 Fresh Veggies & Dip or Popcorn Milk or Juice Choice	8 Fresh Fruit or Granola Bar Milk or Juice Choice	9 Fruit Cup or Fruit Rollup Milk or Juice Choice	10 Go Gurt or 1/2 Sunbutter & Jelly Sandwich* Milk or Juice Choice	11 Ultimate Brkft Round or Sunflower Seeds Milk or Juice Choice
14 Pudding Cup or Pretzel Package Milk or Juice Choice	15 Honey Grahams Sticks or Yogurt Milk or Juice Choice	16 Home Baked Cookie or Cheese Stick Milk or Juice Choice	17 Fruit by the Foot or Muffin Milk or Juice Choice	18 Fresh Fruit or Whole Grain Sun Chips Milk or Juice Choice
21 Yogurt or Pretzel Package Milk or Juice Choice	22 Ice Cream Item or Cheese Stick Milk or Juice Choice	23 Fresh Veggies & Dip or Munchie Mix Milk or Juice Choice	24 Popcorn or 1/2 Sunbutter & Jelly Sandwich* Milk or Juice Choice	25 Birthday Cupcake Milk or Juice Choice
28 Teddy Grahams or Fresh Fruit Milk or Juice Choice	29 Home Baked Cookie or Cheese Stick Milk or Juice Choice	30 Fruit Cup or Chips / Salsa Milk or Juice Choice	31 Shape-up or Pretzel Dolphins Milk or Juice Choice	1 Pudding Cup or Munchie Mix Milk or Juice Choice
4 Fresh Veggies & Dip or Popcorn Milk or Juice Choice	5 Fresh Fruit or Granola Bar Milk or Juice Choice	6 Cook's Choice Milk or Juice Choice	7 Cook's Choice Milk or Juice Choice	8 No School!

Menus are created by the Minnetonka Nutrition Services department. A fresh fruit alternative for a "second" snack is available for older children. We strive to provide healthy choices following the RDA's Snack Pyramid and limit the number of offerings of foods that should be eaten less regularly. We offer a choice of either low fat milk or 100% juice as a beverage for each snack option.

Menu subject to change due to product availability.