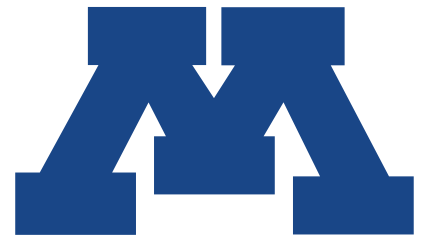


# ATHLETIC AND ENRICHMENT OPPORTUNITIES AT MINNETONKA HIGH SCHOOL



2011-12

**G**reetings! At Minnetonka High School, co-curricular activities are essential in delivering a world-class, child-centered education to all the students we serve. We are strong believers in supporting activities that reinforce and enhance students' academics, rather than compete. Opportunities found in the beyond the classroom enhance and prepare students for life's challenges ahead.

Our vision is to have every student at Minnetonka High School participate on a team, club, enrichment group or activity. Participating in co-curricular activities not only enhances academics, but helps to create smaller communities within the high school. These smaller communities allow students to have a sense of belonging and acceptance—all essential for student performance and happiness.

Most important, we develop the idea of respect and good sportsmanship as the foundation of the Minnetonka activities culture. We expect respectful interaction between all people involved in Minnetonka activities—students, coaches, advisors, parents, spectators, and officials. As in any competitive activity with high expectations, conflicts are inevitable. We expect students, parents, fans, advisors and coaches to use our conflict resolution process to address any issues that may arise.

We look forward to a quality experience for all students, parents, and spectators. Best wishes for success this year!

Ted Schultz  
Minnetonka High School Activities Director  
952-401-5900  
ted.schulz@minnetonka.k12.mn.us



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**Register online at:  
[www.minnetonka.k12.mn.us/activities](http://www.minnetonka.k12.mn.us/activities)**

If you are going out for a MSHSL sanctioned sport, a current physical exam by a physician within the previous three years must be on file at the high school.

\*\*If you are new to the District (grades 10-12), a foreign exchange student or a scholarship applicant, you **MUST** speak with the Activities Director before registering.

### FALL ATHLETICS

#### GIRLS' CROSS COUNTRY

The cross country season lasts approximately 12 weeks, from mid-August to early November. The team competes in 10-12 meets including the sectional and state meet. The number of participants ranges from 70-80 with three coaches. Practices are about two hours long and are held on the high school track and off-campus. Cross Country focuses on individual and team accomplishments, and is a wonderful opportunity for young athletes to make friends, improve their fitness level, accomplish goals, and gain self-confidence.

**Contact: Jane Reimer-Morgan, 612-889-2456.  
Jerm824@gmail.com**

#### BOYS' CROSS COUNTRY

The cross country season lasts approximately 12 weeks, from mid-August until early November. The team competes in 10-12 meets, including the regional meet and the state meet—for those who qualify. An average of 50-70 students participate on the team and every participant runs the same number of meets. Practices are held at the high school and focus on developing a sense of team unity and support. Individuals will find a sense of accomplishment and pride through fitness and healthy competition.

**Contact: Jeff Renlund, 952-217-3731.  
Jeffrey.renlund@minnetonka.k12.mn.us**

#### CHEERLEADING

The cheerleading program challenges students athletically, fosters self-confidence, and promotes teamwork and sportsmanship. The cheer program strives to develop all-around athletes and in the process has managed to garner recognition at the state and national levels. The cheer season runs from late-May through mid-February. Cheerleaders participate at football games, parades, pep fests, community activities, and represents Minnetonka High School in local, regional and national cheerleading competitions (November - February). Practice is held 2-3 days a week; students in grades 7-12 are eligible to participate.

**Contact: André Brewer, 218-330-5299.  
andre@lincoln-lakehubert.com**

#### FOOTBALL

The football program is made up of approximately 70 freshmen, 60 sophomores, and 85 junior varsity and varsity players. The season for lower levels (grades 9-10) runs from August 15 to October 27, with a total of eight games for each level. Varsity playoffs begin Tuesday, October 25. Coaches include six at the freshman level, six at the sophomore level and ten at the varsity level. Games and practices are held at the high school. During August, practices are twice each day for two weeks. Once the season begins, practices are held after school for two hours.

**CONTACT: DAVE NELSON, 952-401-5948.  
DAVE.NELSON@MINNETONKA.K12.MN.US**

#### ADAPTED SOCCER

Adapted soccer is split into two divisions: PI (physically impaired) and CI (cognitively impaired). The team is co-operatively sponsored between Minnetonka Public Schools and Wayzata Public Schools, and the mascot is the Lakers. Practices are after school in Minnetonka or Wayzata. Coaches work with students to compete in games, sectional playoffs and the state competition.

**Contact: Karin Tellekson, 952-401-5928.  
Karin.tellekson@minnetonka.k12.mn.us**

#### GIRLS' SOCCER

The soccer season runs from mid-August to early November, with approximately 18 games, plus seasonal playoffs. There are five teams: 9A, 9B, sophomore, junior varsity reserves, and varsity with 100-110 participants and six coaches. Practices and games are held at the high school. Tryouts for team placement are conducted during the first ten days of practice, which includes Saturday scrimmages. Practices and games are daily after school.

**Contact: Jeff Hopkins, 651-235-1645. soccerhop@yahoo.com**

#### BOYS' SOCCER

The soccer season runs from mid-August to early November with up to 18 games and seasonal play-offs. There are four teams: freshmen, sophomore, junior varsity and varsity with 80-90 participants and five coaches. Practices and games are at the high school. Tryouts for team placement are conducted during the first ten days of practice which includes Saturday scrimmages. Practices and games are after school daily.

**Contact: Mike Rogers, 952-270-4202. mwrogers@mchsi.com**

#### GIRLS' SWIMMING AND DIVING

The season runs from mid-August to mid-November. The team consists of students in grades 7-12 who compete at the varsity or junior varsity level. There are two swim coaches and one diving coach. The team competes in dual meets, invitationals and section and state championships. Shuttle buses transport the swimmers to the middle school east pool for practice.

**Contact: Dan Berve, 952-401-5200.  
Daniel.berve@minnetonka.k12.mn.us**



**GIRLS' TENNIS**

Tryouts and practices start in mid-August. The regular season runs through the first week in October with approximately 12 matches, one or two tournaments and three scrimmages for the varsity and junior varsity, and 10 matches for the "B" Team. The section tournament for the varsity begins the middle of October offering both team and individual tournaments with winners going on to the state tournament. There are 16 players on each team, varsity, junior varsity, and "B" team. Practices for varsity, junior varsity, and "B" teams are held daily on non-match days for one and a half hours, Monday through Friday and some Saturdays, at the MHS tennis courts.

**Contact: Dave Stearns, 952-401-5700.**

**David.stearns@minnetonka.k12.mn.us**

**VOLLEYBALL**

The volleyball season runs from August to November. Players must attend tryouts the first week to be selected for a team. About 50-60 students participate, grades 9-12, on varsity, junior varsity, B squad and two ninth grade teams. The ninth grade teams compete in 12-14 matches, plus three weekend tournaments. The varsity, junior varsity, and B squad teams compete in 14 matches, plus three weekend tournaments. Varsity participates in sectional and state tournaments. Season practices last two to three hours, five days a week. Varsity may also practice several Saturdays. All practices are at the high school.

**Contact: Karl Katzenberger, 952-406-2879. Ahsvb0@yahoo.com**

**WINTER ATHLETICS****BOYS'/GIRLS' ALPINE SKIING**

The season starts the second week of November with "dry-land," at MHS, until the ski areas have enough snow to ski. All snow practices are held at Hyland Hills. Snow practice times and days are Tuesday, Wednesday & Thursday from 3-5 p.m. Tryouts are on various designated dates. All varsity meets are held at Buck Hill. There are five conference meets that consist of two runs of Slalom. There are three junior varsity meets held at Hyland Hills on Fridays. Each racer must have a helmet to race. Varsity carries 11 boys and 11 girls on the roster. Junior varsity carries eight boys and eight girls; the development team is the remainder of the team. Movement may occur on teams throughout the season. Letters are awarded to skiers who participate in two varsity races, which includes Forerunning. **Contact: TBA**

**BOYS' BASKETBALL**

The season runs for 18 weeks from early November to mid-March. Twenty-six games are played as well as one holiday tournament. Teams include freshmen A and B, sophomore, junior varsity and varsity. There are two coaches for the freshmen and one each for the other teams. Practices are two to three hours a day, with the freshmen practices/games located at Minnetonka Middle School East. All other team practice/games are at the high school. Freshmen are bused to practice.

**Contact: Tom Dasovich, 952-401-5700.**

**Tom.dasovich@minnetonka.k12.mn.us**

**GIRLS' BASKETBALL**

The basketball season starts in early November and ends in mid-March. Depending on the number of participants, there are freshman A and B, sophomore, junior varsity and varsity teams. The sophomore, junior varsity and varsity teams practice at the high school two to three hours a day. The ninth grade team is bused to Minnetonka Middle School West about two hours a day, five to six days a week for practice. All teams play a Lake Conference schedule.

**Contact: TBD**

**DANCE (COMPETITION)**

The competition season runs from the end of October through mid-February. Tryouts will occur in the spring prior to the upcoming school year. The team competes at eight to nine competitions, conferences, invitationals, sections and state. Practices run four to five days a week, including Saturdays. Dance provides a great opportunity to develop strength, confidence, self-esteem, team-work and discipline. Fall season offers a varsity team, and winter season offers both varsity and junior varsity teams. There are two head and two assistant coaches.

**Contact: Maggie Arvesen, 763-302-9019.**

**Margaret.arvesen@minnetonka.k12.mn.us**

**ADAPTED FLOOR HOCKEY**

Adapted floor hockey is split into two divisions: PI (physically impaired) and CI (cognitively impaired). The team is cooperatively sponsored by Minnetonka Public Schools and Wayzata Public Schools; the mascot is the Lakers. Practices are after school in Minnetonka or Wayzata. Coaches work with students to compete in games, sectional playoffs and the state competition. **Contact: Karin Tellekson, 952-401-5928.**

**Karin.tellekson@minnetonka.k12.mn.us**

**GIRLS' GYMNASTICS**

The season starts in mid-November and runs until the state tournament at the end of February. The team participates at both the varsity and junior varsity level in conference, non-conference and invitational meets. Tonka gymnastics participates in the Section 2AA tournament, and individual and team qualifiers advance to the state tournament. Participants typically number 15-20, with one head and two assistant coaches. Facilities are at MHS. Daily practices are about two and a half hours, five days a week with some Saturday practices and meets. Benefits include being part of a challenging and very rewarding individual/team sport, developing confidence, self-esteem and a better sense of goal-setting and teamwork.

**Contact Janelle Borgen: 612-860-9987.**

**Janelle.borgen@minnetonka.k12.mn.us**

**GIRLS' HOCKEY**

The season runs from early November to late February and includes 25 games and a holiday tournament. Tryouts are conducted the first week of November with 30-34 players chosen to compete on the junior varsity and varsity teams. There are two coaches for each team. Most practices are at the Pagel Ice Arena. Players provide their own transportation to and from practices and home games.

**Contact: Eric Johnson, 952-212-5332.**

**ej@impachockeyplayers.com**

**BOYS' HOCKEY**

The boys' hockey season begins mid-November and ends in March. Tryouts are conducted the first week and a total of 33 to 38 players are chosen to compete on the junior varsity and varsity teams. Students in grades 9-12 are welcome to tryout. Any player with bantam eligibility is strongly encouraged to speak with the coaching staff before making the choice to try out. Pagel Activity Center is the team's home arena. Players and coaches provide their own transportation to practices. Practice times run from 3 to 5 p.m. Players can expect a two-hour time commitment on practice days. Junior varsity practice times on Mondays run from 5:45 to 6:45 p.m.

**Contact: Brian Urick, 952-210-8081.**

**Brian\_urick@thermoking.com**

**BOYS'/GIRLS' NORDIC SKIING**

The season runs from mid-November until mid-February consisting of varsity and junior varsity meets, as well as meets for new and developing skiers at separate venues. The schedule includes six regular season meets, two conference scrimmages, and conference, section and state championships. In addition, many student-athletes will participate in non-conference meets. Practices run one to three hours, six days a week (Monday-Saturday). Freshmen and new skiers are encouraged to attend all six days, but it is not mandatory. Dry land training is typically at Lake Ann, Carver Park, Purgatory Park, and on-campus. When the snow arrives, practices are at Three Rivers Parks venues. Bussing is provided.

**Contact: Mike Mason, 952-807-6456.**

**nordicmason@mediacombb.net**

**BOYS' SWIMMING AND DIVING**

The season runs approximately 14 weeks, December-March. Approximately 30 boys compete at either the junior varsity or varsity level, with one diving and two swim coaches. The team typically competes in four dual meets, three invitationals, and section and state championships. Practice is at the Minnetonka Aquatics Center at Minnetonka Middle School East; a shuttle bus provides transportation. Awards are presented for individual and team performances at the conference, regional and state level. **Contact: TBD**

**WRESTLING**

The season runs from mid-November until early March. There is a combination of 18 dual meets and tournaments. Matches are scheduled on Tuesday, Thursday, Friday and Saturday. The wrestling program has two teams, junior varsity and varsity, consisting of 14 weights for each team. There are three coaches and approximately 35-40 participants. Practice is from 3:30-5:30 p.m. on those days when a match is not scheduled. Every wrestler has the opportunity to wrestle in 20-36 matches per season.

**Contact: Jim Nunn, 952-401-5699.**

**James.nunn@minnetonka.k12.mn.us or**

**Jeff Lamphere, 763-354-4250.**

**Jeff.lamphere@wayzata.k12.mn.us**

## SPRING ATHLETICS

### BASEBALL

The season consists of 20 games as well as playoffs. There are approximately 16-18 players on each of the teams—sophomore, junior varsity and varsity. All teams practice and play games at MHS. Practice runs about two hours a day, Monday through Saturday.

**Contact: Paul Twenge, 952-401-5902.**  
[Paul.twenge@minnetonka.k12.mn.us](mailto:Paul.twenge@minnetonka.k12.mn.us)

*“Wide-spread participation and outstanding performance in a variety of co-curricular activities brings the community closer to the schools and students, there-by increasing awareness of and support for our students.”*

### ADAPTED BOWLING

Adapted bowling is split into two divisions: PI (physically impaired) and CI (cognitively impaired). The team is cooperatively sponsored by Minnetonka Public Schools and Wayzata Public Schools. The team mascot is the Lakers. There are no cuts. Practices are after school at Minnetonka or Wayzata schools. Coaches work with students to compete in local games, sectional playoffs and state competition.

**Contact: Karin Tellekson, 952-401-5928.**  
[Karin.tellekson@minnetonka.k12.mn.us](mailto:Karin.tellekson@minnetonka.k12.mn.us)

### BOYS' GOLF

The season runs from mid-March to the first of June with varsity and junior varsity golfers participating in 16 matches. They also participate in several tournaments. A total of 40-50 students try out; eight are kept on the varsity team, 10-12 on the junior varsity team. There is one coach for each team. Golfers provide their own transportation to and from daily practices at Timber Creek or Deer Run. Home varsity matches are played at Minnetonka Country Club, and junior varsity matches are played at Timber Creek. Transportation is provided for away matches.

**Contact: John Coatta, 612-910-1151.**  
[JBCoatta@CBBURNET.com](mailto:JBCoatta@CBBURNET.com)

### GIRLS' GOLF

The season runs from mid-March to the second week of June with 20-30 golfers, grades 7-12, competing either on a junior varsity or varsity level in 11-16 matches and 18 hole tournaments. Medals and plaques are often awarded. Two coaches are provided. Practices and matches are at Glen Lake and Minnetonka Country Club. Home varsity matches are played at Minnetonka Country Club. Transportation is provided for practices at Glen Lake. Players provide their own transportation to and from practices and matches at Minnetonka Country Club.

**Contact: Pat Williams, 952-401-5929.**  
[Pat.williams@minnetonka.k12.mn.us](mailto:Pat.williams@minnetonka.k12.mn.us)

### BOYS' LACROSSE

The boys' lacrosse season runs from mid-March to the end of May. There are two teams, varsity and junior varsity, each consisting of 24 players. Varsity practices and home games are held on the stadium field. Junior varsity home games are held on the upper field. Each team will play 13 regular season games and the varsity team will compete in a statewide playoff. Players supply most of their own equipment including: cleats, sticks and helmets.

**Contact: Aaron Olivier, 952-401-5377.**  
[Aaron.olivier@minnetonka.k12.mn.us](mailto:Aaron.olivier@minnetonka.k12.mn.us)

### GIRLS' LACROSSE

Girls' Lacrosse consists of two teams, varsity and junior varsity. Each team holds between 18 and 24 players. Tryouts are in late March and games continue through late May for both teams. Each team competes in 13 regular season games, and varsity continues through section and potentially state play offs. Varsity plays games at the MHS stadium and junior varsity plays on the upper fields. Both teams practice primarily on the upper fields. Costs include an activity fee, fund raising commitment and equipment (stick, footwear, mouth guard and goggles). All players participate in fund raising activities to help keep costs down.

**CONTACT: ERIN LARSON, 612-963-1346.**  
[ERIN.SCEARCY.LARSON@GMAIL.COM](mailto:ERIN.SCEARCY.LARSON@GMAIL.COM)

### ADAPTED SOFTBALL

Softball has two divisions: PI (physically impaired) and CI (cognitively impaired). The team is cooperatively sponsored by Minnetonka Public Schools and Wayzata Public Schools. The team mascot is the Lakers. There are no cuts. Practices are after school at a Minnetonka or Wayzata school. Coaches work with students to compete in local games, sectional playoffs and state competition.

**Contact: Karin Tellekson, 952-401-5928.**  
[Karin.tellekson@minnetonka.k12.mn.us](mailto:Karin.tellekson@minnetonka.k12.mn.us)

### GIRLS' FASTPITCH SOFTBALL

The season runs from early March until mid-June. There are approximately five coaches and 60 players making up three teams: varsity, junior varsity and "B". There are 16 games, including tournaments. Teams play at the high school and practice two to two-and-half hours a day, five days a week. The players benefit by strengthening their skills and strategies in the game of softball.

**Contact: Mary Beth Wiig, 952-401-5821.**  
[Marybeth.wiig@minnetonka.k12.mn.us](mailto:Marybeth.wiig@minnetonka.k12.mn.us)

### GIRLS' TRACK & FIELD

The season runs from the second week in March to mid-June and has 14 meets, including sectional and state meets. There are 125-135 participants competing on either a junior varsity or varsity level with 7 coaches. Practices are held at the high school track for two to two and a half hours after school, 5-6 days a week. The main focus is personal and team goals including improved fitness levels and self-confidence.

**Contact: Jane Reimer-Morgan, 612-889-2456.**  
[Jerm824@gmail.com](mailto:Jerm824@gmail.com)

### BOYS' TRACK AND FIELD

Our track team usually carries 100-140 athletes, grades 9-12, on the team. There are no tryouts and everyone who comes out for the team gets to compete at either the varsity or junior varsity level. There are 14 meets total, about half of which are varsity meets. We practice Monday-Friday from 3-5pm with occasional Saturday practices. The season starts in mid-March and concludes in late May to early June depending on how far the athlete advances. We have a total of 8 coaches.

**Contact: Chris Cohen, 952-401-5927.**  
[Chris.cohen@minnetonka.k12.mn.us](mailto:Chris.cohen@minnetonka.k12.mn.us)

### BOYS' TENNIS

The season runs approximately 11 weeks with 20-25 matches and 16 scrimmages and tournaments. The junior varsity and varsity teams have a total of 30 players with one coach provided for each team. The teams practice at the high school tennis courts, Monday through Friday, for one and a half hours.

**Contact: Dave Stearns, 952-401-5883.**  
[David.stearns@minnetonka.k12.mn.us](mailto:David.stearns@minnetonka.k12.mn.us)

## ENRICHMENT ACTIVITIES

### DEBATE

The debate team consists of students in grades 9-12 and competes in classic debate against local teams throughout fall semester. The season culminates with a two-day state tournament in early December. Practices are after school two to three times per week. Students meeting certain criteria are awarded letters. **Contact: Jacob Westrum [westrumj@gmail.com](mailto:westrumj@gmail.com)**

### DECA

DECA is an association of students who aim to be emerging leaders and entrepreneurs in marketing, finance, hospitality and management. Minnesota DECA has over 2,000 members in over 50 chapters. DECA prepares the next generation to be academically prepared. DECA members are: ambitious, high-achieving leaders equipped to conquer the challenges of their aspirations; Community Oriented—Recognizing the benefit of service and responsibility to the community, Professionally Responsible— DECA members are poised professionals with ethics, integrity, and high standards, Experienced Leaders—empowered through experience to provide effective leadership through goal-setting, consensus-building and project implementation. This will be accomplished through local, state, and national activities and competitive events. Students who desire to participate in DECA must be enrolled in a business course in that academic school year. (Or go through the appeals process.) Students meeting certain criteria are awarded letters. **Contact Erik Sill: 952-401-5886.**

**Erik.sill@minnetonka.k12.mn.us or Connie Strand, 952-401-5886. [Connie.strand@minnetonka.k12.mn.us](mailto:Connie.strand@minnetonka.k12.mn.us)**

### DRAMA/MUSICALS

The theatre department currently produces two major musical shows during the school year plus a third, non-musical or drama show in February. These plays/musicals are open to the entire student body and usually involve over 200 students during the year. The drama department also competes in the 6AA One Act Sectional and State Competition. The One-Act rehearsal schedule runs from mid-December through the first part of February. Rehearsals are after school with some evening and Saturday practices occurring closer to performance dates. Rehearsals usually involve five to seven weeks of practice depending on the play/musical being presented.

**Contact: Kent Knutson, 952-401-5937.**  
[Kent.knutson@minnetonka.k12.mn.us](mailto:Kent.knutson@minnetonka.k12.mn.us)



**FIELD BIOLOGY CLUB**

The focus of the club is academics—learning about scientific techniques and applications. Students in the club enjoy learning about science through field trips, speakers, and hands-on experiments and projects. Members also have the opportunity to do individual or small group experiments to submit into scholarship competitions. Meetings start soon after the school year begins. Projects and meetings run throughout the school year.

**Contact: Dawn Norton, 952-401-5730.**  
**Dawn.norton@minnetonka.k12.mn.us**

**INSTRUMENTAL MUSIC: CO-CURRICULAR OFFERINGS**

In addition to the five bands that meet during the school day, MHS has the following co-curricular groups:

**JAZZ ENSEMBLE AND JAZZ TOO:** Each group meets twice weekly. Instrumentation is standard “Big Band” instrumentation. Membership is by audition for both ensembles. Membership is open to band members for wind and percussion and open to all students for bass, guitar and piano.

**Contact: Miles Mortensen 952-401-5718.**  
**Miles.mortensen@minnetonka.k12.mn.us or Paul Rosen 952-401-5717. Paul.rosen@minnetonka.k12.mn.us**

**MARCHING BAND (FALL):** This competitive ensemble performs at Minnetonka home football games and competes in three marching band competitions. Membership is limited to band members for the wind and percussion sections but is open enrollment for the colorguard section. The season is August-October. **Contact: Miles Mortensen 952-401-5718.**  
**Miles.mortensen@minnetonka.k12.mn.us or Paul Rosen 952-401-5717. Paul.rosen@minnetonka.k12.mn.us**

**PEP BAND (WINTER):** This high-energy performance ensemble is showcased at various evening home athletic events December to March. Enrollment is open to all students who have played in one of the curricular ensembles. **Contact: Paul Rosen 952-401-5717.**  
**Paul.rosen@minnetonka.k12.mn.us**

**INTRAMURALS**

Intramural teams are formed for football, soccer and other activities and meet after-school and in the evening in the Tonka Dome. There is a small fee to participate.

**Contact: Matt Wiitala, 952-401-4054**  
**matthew.wiitala@minnetonka.k12.mn.us**

**KNOWLEDGE BOWL**

The team competes in knowledge bowl events across the metro area. Practices are two to three times per week at MHS after-school. It is similar to Quiz Bowl but has more individual aspects. Participants compete in local meets, sectional and state competitions. If students meet certain criteria, they are awarded a letter. **Contact: Joan Truettner, 952-401-5246.**

**Joan.truettner@minnetonka.k12.mn.us**

**LITERARY MAGAZINE**

There are 25 participants who meet according to the publication schedule during the year. Meetings are held in a high school classroom and participants publish one magazine each year. This activity gives students a sense of fulfillment as writers. **Contact: Sonja Saunders, 952-401-5785.**

**Sonja.saunders@minnetonka.k12.mn.us**

**MATH TEAM**

The season is approximately November-February and includes five matches, with practices every Monday. The team competes in the Lake Conference. Competition is in four areas: Algebra, Geometry, Trigonometry and Pre-calculus. Opportunities for group and individual invitations to state and national tournaments are available. **Contact: Lana Golembeski, 952-401-5754. Lana.golembeski@minnetonka.k12.mn.us**

**MINNETONKA HONOR SOCIETY**

The Minnetonka Honor Society provides encouragement, support, and recognition to juniors or seniors who have shown outstanding performance in all or two out of three of the following categories: scholarship (3.5 cumulative GPA), leadership and service. Students are recognized for their achievement at a special ceremony in April. Students may be nominated in the area(s) of service and/or leadership by staff members, peers, community members or self-nomination. Students selected as juniors can be nominated again as seniors. Senior members are given a gold tassel to indicate their membership during the graduation ceremony. Nomination forms are available in the Student Support Services Office or the principal’s office after the second semester of each year.

**Contact: Clinton Fenner, 952-401-5839.**  
**Clinton.fenner@minnetonka.k12.mn.us or Ben Stanerson, 952-401-5835. Ben.stanerson@minnetonka.k12.mn.us**

**MOCK TRIAL**

Mock Trial is an academic competition sponsored by the Minnesota State Bar Association in which teams of students take on the roles of attorneys and witnesses in a fictional court room drama. Students taking on attorney roles learn to think analytically within a framework of rules, speak clearly and confidently, and adapt on their feet to an adversary’s presentation. Students taking on witness roles learn to portray a character convincingly, stay in character during hostile cross-examination and think impromptu. Regional winners compete for the state championship, and the chance to represent Minnesota at the National High School Mock Trial Championship. The official competition starts in January and can run to the middle of March. **Contact: Janet Nelson, 952-401-5885.**

**Jan.nelson@minnetonka.k12.mn.us**

**NEWSPAPER (BREEZES)**

Working on the school newspaper is a full year activity that includes summer hours, especially in the two weeks prior to the start of the school year. Time commitment varies, depending on roles; around 20 hours a month is standard for editors; 3-5 hours a month for writers. In a typical year, 10 regular, 8-20 page issues are published, with the possibility of additional “specials.” Under the guidance of an advisor, students do all of the writing, editing and production of the paper. Breezes also manages a budget and raises funds through advertising. The staff consists of approximately 15 editors, 30 staff writers, various artists, photographers and ads team members. There is also the opportunity to be an occasional, contributing writer. All positions (with the exception of contributing writers) are filled through an application process. Meetings are in the Breezes Office at the high school (2420A). All work is done before or after school on students’ own time over some weekends. Students interested in working on the paper are encouraged to sign up for journalism as one of their elective courses.

**Contact: Kelley Mosiman, 952-401-5783.**  
**Kelley.mosiman@minnetonka.k12.mn.**

**NATIONAL HONOR SOCIETY, MINNETONKA CHAPTER**

Membership is an honor awarded to selected juniors and seniors, based on a combination of scholarship, leadership, service and character. Students with a 3.5 GPA or higher are notified of the selection process by mail early in fall quarter. Members are expected to attend regular chapter meetings and carry out individual and group service projects during the school year.

**Contact Clinton Fenner, 952-401-5839. Clinton.fenner@minnetonka.k12.mn.us or Ben Stanerson, 952-401-5835. Ben.stanerson@minnetonka.k12.mn.us**

**QUIZ BOWL**

Competitions begin in October and end in May for varsity and junior varsity teams. This is an unusual activity in that an eclectic group of students gathers and becomes a very coherent team that competes in a variety of academic areas. Bi-weekly practices are informal and informing. Group identity and spirit are a positive aspect of this activity. The group takes part in conference competition.

**Contact: Joan Truettner, 952-401-5246.**  
**Joan.truettner@minnetonka.k12.mn.us**

**ROBOTICS**

Robotics involves students working as a team to design, build, and program a robot. The students also work with professional engineers from the industry. The robotics club meets nearly year round, but the majority of the work is over a six week period from January to April. Once the robot is complete, students compete against other schools from Minnesota and the rest of the country. If you interested in design, engineering, or marketing this is a great opportunity to showcase your abilities.

**Contact: Nick Bahr, 952-401-5700.**  
**Nick.bahr@minnetonka.k12.mn.us**

**SCIENCE FAIR**

Students develop projects, using the scientific method for entrance into the local science fair in February. The advisor gives advice on project completion at weekly after-school meetings. Students have the opportunity to advance to regional, state, and international competition. **Contact: TBD**

**SCIENCE OLYMPIAD**

From November through April, the team prepares to compete in tournaments held at local, state and national levels. These interscholastic competitions consist of 32 individual and team events that encourage learning in biology, earth science, chemistry, physics, problem-solving and technology. Some events require knowledge of scientific facts and concepts; others rely on science processes, skills or applications. This ensures that everyone can participate, including students from technology or advanced science classes.

**Contact: Tim Kokesh, 952-401-5733.**  
**Tim.kokesh@minnetonka.k12.mn.us**

**SPEECH**

This is a competitive activity for students in grades 9-12. The season is December through March, with several tournaments. Categories range from discussing current events to interpreting pieces of literature. In-school practice is three times a week with competitions on Saturday.

**Contact: Barb Van Pilsum, 952-401-5785**  
**Barbara.vanpilsum@minnetonka.k12.mn.us**

**STUDENT GOVERNMENT**

This group meets all year, including the summer. The students are elected from grades 9-12, with six students from each grade plus four additional senior officers. There is one advisor who is assisted by one principal. The students learn about leadership by developing their problem-solving, planning and speaking skills, and are involved in program and policy decisions that affect the entire student body.

**Contact: Terri Ellis, 952-401-5751**  
**Terri.ellis@minnetonka.k12.mn.us**

**SUPERMILEAGE**

This is a year long engineering activity for students with technical and academic skills who like to design, fabricate, test and compete against other Minnesota high schools with one-person vehicles capable of 600 miles-per-gallon runs. Schools are allowed two entries and teams are typically made up of five to 10 students. **Contact: Mitch Burfeind, 952-401-5915. Mitch.burfeind@minnetonka.k12.mn.us**

**TECHNOLOGY CHALLENGES (ARCHITECTURE AND ENGINEERING)**

This activity involves teams of students who are given a technical problem to solve. Their solution, tackled over a six-month period, is presented in a statewide competition. This activity is beneficial for students pursuing careers in architecture, engineering or other technically related fields. It provides a wonderful opportunity for students to develop a portfolio of work that can be presented at their next level of education.

**Contact: Mitch Burfeind, 952-401-5915**  
**Mitch.Burfeind@minnetonka.k12.mn.us**

**VOCAL MUSIC**

In addition to the five choirs that meet during the school day, MHS offers the following extra-curricular groups:

**CHAMBER SINGERS:** Meets twice weekly. Ensemble is chosen through audition and is open to students singing in the Concert Choir. The group sings in the school and community 40-50 times throughout the year. Repertoire includes standard vocal chamber music and pop/jazz styles.

**Contact: Paula Holmberg, 952-401-5809.**  
**Paula.holmberg@minnetonka.k12.mn.us**

**DONNA VOCE:** Meets twice weekly. The ensemble is made up of treble voices (women) and performs women's chamber music and pop/jazz styles. Members are chosen through audition and the program is open to women from the Concert and Treble Choirs. **Contact: Paula Holmberg, 952-401-5809. Paula.holmberg@minnetonka.k12.mn.us**

**VARSITY MADRIGAL SINGERS:** Meets once a week. This is a beginning madrigal-singing experience open to students in ninth or 10th grade who sing in MHS Choirs. Singers are chosen through audition. **Contact: Joel Gotz, 952-401-5809. Joel.gotz@minnetonka.k12.mn.us**

**YEARBOOK (VOYAGEUR)**

Yearbook includes two semester courses and after-school time as needed at MHS. Applicants go through an application process just prior to spring registration for admission to the year-long class. In June, returning staff members begin the planning and production of the yearbook at a summer yearbook camp. Throughout the first three quarters, students create the yearbook (design layouts, take pictures, interview students, write captions). Fourth quarter, students create the spring supplement and begin planning for the next year. This is a great opportunity for students to learn real world responsibilities and take pride in the results. Underclassmen are encouraged to apply! **Contact: Bethany Holt, 952-401-5787. Bethany.holt@minnetonka.k12.mn.us**

**CLUBS****ART CLUB**

Students meet to discuss art projects and design. No fees are required. **Contact: Jan Nelson, 952-401-5885.**  
**Jan.nelson@minnetonka.k12.mn.us**

**ASL CLUB**

Students who are looking to practice and tutor ASL outside the classroom, are invited to join the ASL Club. The goals are to gain more experience/exposure to ASL and the deaf culture, and create more awareness about the deaf culture to non-signers at Minnetonka High School. The purpose is also to involve younger MHS signers or recreational signers with the more experienced signers outside of MHS.

**Contact: Leah Bender, 952-401-5855.**  
**Leah.bender@minnetonka.k12.mn.us**

**BACKPACK TUTORING**

You can make a real difference in the life of a young person! Minnetonka Backpack Tutors travel to Minneapolis elementary schools Monday through Thursday to work with at risk students who need help with reading and homework.

**Contact: Diana Davis, 952-250-7772.**  
**DLD11843@aol.com**  
**or Susan Williams, 952-401-5706.**  
**susan.williams@minnetonka.k12.mn.us**

**BOWLING**

Practice starts in early to mid-August with conference play starting in early September. The conference season consists of 12-14 matches ending in November with district and state roll-offs following. We have both junior varsity and varsity teams that compete in our conference with 10-20 participants and two coaches. Practices are held at Country Club Lanes on Thursdays 4:30-6 p.m. and Saturdays 8:30-10 a.m. Matches are usually at 3:45 p.m. Fridays. **Contact: Chuck Vashaw, 952-475-0466, chuck@pcvisionsinc.com or Lisa Duenow, 952-472-5560.**

**CHESS CLUB**

Students meet one or two times a week to learn about chess and to compete with one another.

**Contact: Activities Office, 952-401-5900.**

**CLASS ADVISORIES**

These groups consist of students in their respective classes who organize class functions, graduation events, fund-raisers, etc. Any student can participate

**Contact: Activities Office, 952-401-5900.**

**COFFEEHOUSE CONCERTS CLUB**

A club that performs three concerts a year in the black box. The club gives the opportunity for student bands to perform for the Minnetonka student body.

**Contact: Chris Pears, 952-401-5854,**  
**Christopher.Pears@minnetonka.k12.mn.us**

**DANCE (PERFORMANCE)**

The performance season runs from mid-August through October. Tryouts will occur in the spring prior to the upcoming school year. The Performance Dance Team performs at many sporting events including football and soccer games, as well as community events. Practices are twice a week. Performance Dance Team offers a great opportunity to develop strength, confidence, self-esteem, team-work and discipline. The fall season performs with one team and is run by two head coaches.

**Contact: Emily Schiesl, 612-702-4090.**  
**tonkaperformance@hotmail.com**

**DARE TO KNOW CLUB**

Dare to Know encourages intellectual curiosity and critical thinking. It provides the opportunity for students to make connections between content areas, and to explore areas of interest that may not be fully addressed in academic courses. Student writing/projects/presentations are welcome. Past topics have included science and pseudoscience, history and philosophy, health and nutrition, money and investing, and human rights and ethics. One goal of the Dare to Know Club is to get individuals to base their opinions and beliefs on reason and evidence, rather than on cultural prejudices or popular misunderstandings.

**Contact: Nathan Van Dyke,**  
**952-401-5753. Nathan.vandyke@minnetonka.k12.mn.us**

**DIVERSITY CLUB**

The Minnetonka Diversity Club is a group of comprehensive clubs for students that focus on diverse issues in student life at Minnetonka High School. The Diversity Club will promote unity, understanding, and tolerance in the form of fun educational activities that will interrupt prejudice, work for peace, and encourage a better understanding of different cultures, religions, races, abilities, and life styles in our school and community. The groups that meet under Diversity Club value creating a welcoming and safe school environment for all students, offering student support in difficult times, valuing our differences while embracing understanding, and unifying our school to fight discrimination.

**Contact: Advisors vary, contact the activities office**

**DUCT TAPE CLUB**

This group gets together to enjoy the wonders of duct tape, and fix items that are in need of duct tape. The group show members how to refine their ductery skills through making both practical and artistic items. We meet one night a week after school from November to March.

**Contact: Michelle Ronning, 952-401-5856.**  
**Michelle.ronning@minnetonka.k12.mn.us**



#### **EARTH CLUB**

A not-for-profit student organization at MHS, Earth Club is an environmental club open to anyone with an interest in preserving the Earth and keeping the campus and adjacent highway clean and beautiful. Members have a wide variety of interests and talents that are utilized to develop environmental consciousness among students through information exchange with various programs, seminars, field trips, and other activities. The club also sponsors several projects benefiting the environment.

**Contact: Barb Van Pilsum, 952-401-5785**  
**Barbara.vanpilsum@minnetonka.k12.mn.us**

#### **EQUESTRIAN CLUB**

The season runs from March to October for students in grades 8-11 at the start of the season. Riders of all levels and skills are encouraged to participate. You do not have to own a horse to be a team member; however, experience with horses is required. Depending on the number of team members, there will be a junior varsity and varsity team. There are team competitions in dressage, hunter, jumper, eventing, western, saddleseat and polo. Membership with the Minnesota High School Equestrian Association is required. Students must provide their own transportation. **Contact: Pam Humphrey, 952-401-5844. Pamela.humphrey@minnetonka.k12.mn.us**

#### **FES (FOREIGN EXCHANGE STUDENT) CLUB**

The FES Club is a "sister" club to OFFENSE (Organization for Foreign Exchange and New Students). The FES Club is exclusively for foreign exchange students at Minnetonka High School. Events for the FES Club are planned by OFFENSE. Members of the FES Club will have the opportunity to connect with other foreign exchange students and will be assigned an OFFENSE Mentor.

**Contact: Pam Humphrey, 952-401-5844.**  
**Pamela.humphrey@minnetonka.k12.mn.us**  
**or Jill Walker, 952-401-5819.**  
**Jill.walker@minnetonka.k12.mn.us**

**FOREIGN LANGUAGE CLUBS-FRENCH, GERMAN, RUSSIAN AND SPANISH**  
Students interested in learning more about these cultures and languages are invited to attend meetings after-school. The clubs have no fees and meet about once every two weeks.

**Russian Club, Contact: Grant Hendrickson, 952-401-5853.**  
**Grant.hendrickson@minnetonka.k12.mn.us.**  
**German Club, Contact: Angela Fairbrother, 952-401-5862.**  
**Angela.fairbrother@minnetonka.k12.mn.us**  
**For all others, Contact the Activities Office, 952-401-5900.**

#### **GLEE CLUB**

Glee Club is a student led musical club that has formed to support existing choral and theatre programs at Arts on 7. Glee Club is available to students in music and theatre programs, with no audition required. Performances include quarterly features during Fine Arts Wednesdays, and a year-end concert.

Typically, the season operates from Winter to Spring, practices are one day a week. **Contact: Paula Holmberg, 952-401-5809, Paula.holmberg@minnetonka.k12.mn.us**

#### **HAMMER CLUB**

The club's goal is to "hammer" out stereotypes and prejudice in our society. This group works with other groups to help promote acceptance and tolerance of people of different race and creed. The club meets one to two times, every other week, and organize special events at the school and in the community. **Contact: Guidance Department, 952-401-5810.**

#### **INTERACT**

Interact is a service club for youth ages 14-18. This club is sponsored and guided by the Lake Minnetonka-Excelsior Rotary Club but is self-governing and self-supporting. MHS Interact is one of over 11,000 clubs worldwide dedicated to community and international service. Inspired by each other, monthly club speakers, and through contact with other Interact Clubs, MHS Interact participates in a number of local and global projects throughout the year.

**Contact: Mary Kuhn, 952-401-5846.**  
**Mary.kuhn@minnetonka.k12.mn.us**

#### **MINNETONKA CAPTAINS AND LEADERSHIP COUNCIL**

Student Leaders and Captains selected by athletic teams, clubs, activity groups, and other student organizations meet monthly to discuss how to be an effective leader or captain of their respective group, club, or team. All students involved will attend a required training in August to set the stage for the school year and their leadership. **Contact: Ted Schultz, 952-401-5901,**

**ted.schultz@minntonka.k12.mn.us**

#### **NATIONAL ART HONOR SOCIETY (N.A.H.S)**

Provides acknowledgement of artistic talents and leadership roles for visual art students. Also highlights the school's art program in the community. Students who participate should excel in art, be interested in pursuing scholarship opportunities in art, and be interested in providing art related volunteer opportunities for the community.

**Contact: Jan Nelson, 952-401-5885,**  
**janet.nelson@minnetonka.k12.mn.us**

#### **OFFENSE (ORGANIZATION FOR FOREIGN EXCHANGE AND NEW STUDENTS)**

OFFENSE is a student organization with the mission to promote positive school experiences and connectedness for students new to the Minnetonka High School community. Students new to the school will be paired with an OFFENSE mentor. Social events for new and foreign exchange students are planned throughout the school year. OFFENSE meetings are held approximately two times per month.

**Contact: Jill Walker, 952-401-5819.**  
**Jill.walker@minnetonka.k12.mn.us**  
**or Pam Humphrey, 952-401-5844.**  
**Pamela.humphrey@minnetonka.k12.mn.us**

#### **OPTIMIST CLUB**

This club organizes volunteer and service events within the school and community. There are no fees required for participation. **Contact: Terry Balfanz, 952-401-5700.**  
**Terry.balfanz@minnetonka.k12.mn.us**

#### **PEOPLE TO PEOPLE INTERNATIONAL STUDENT CHAPTER**

This volunteer group promotes peace through understanding and humanitarianism. Students are able to build their leadership skills by participating in many volunteer opportunities during the entire school year. This group will provide more international type activities rather than local area activities. **Contact: Sonja Saunders, 952-401-5785.**

**Sonja.saunders@minnetonka.k12.mn.us**

#### **REACH OUT VOLUNTEER GROUP**

Students and faculty advisors meet every two to three weeks to organize volunteer projects. The group is service-oriented, social and non-competitive. Students work in small or large groups, volunteering in local and global activities.

**Contact: Dawn Norton, 952-401-5730.**  
**Dawn.norton@minnetonka.k12.mn.us**

#### **SAILING TEAM**

The sailing team is a co-ed sport stationed at the Lake Minnetonka Sailing School (LMSS) on Lighthouse Island in Deephaven. Coaches work with the students to develop team racing and individual sailing skills. Qualified sailors are eligible to sail in local, regional and potentially national regattas. The LMSS provides sail boats for student competition. Limited foul weather gear, dry suits and other sailing gear are available to students via the Minnetonka Sailing Club. If students meet certain criteria, they are awarded a letter.

**Contact: Gordy Bowers, 952-473-5395. Gordy@lmss.us**



#### **GIRLS' SLOW-PITCH SOFTBALL**

The season runs from late March to late May with approximately 15 games during the season. Most games are double headers against traveling tournament teams. There are two teams with a total of 30 players. Practices are two hours, four days a week at Lake Ann field in Chanhassen. The players fundraise for team expenses. The club is designed to improve skills, enhance sportsmanship and provide an opportunity for team-building. **Contact: TBA**

#### **SPARKLERS (ADAPTED CHEER)**

Our squad welcomes both boys and girls who are either physically impaired or cognitively impaired. Our season runs August-October. The Sparklers plan to cheer 1-2 quarters at home football games and are scheduled to practice once a week for 1 hour. The goal for our squad is to let students with disabilities experience true acceptance and gain confidence as high school students, and inspire entire communities to embrace inclusion.

**Contact: Kristen Young-Herpers, 952-513-8425.**  
**Kristin.young-herpers@minnetonka.k12.mn.us**

#### **STUDENTS AGAINST POVERTY**

This volunteer group serves the purpose of bringing students together to work on solving poverty issues on a long term basis. The group will volunteer in the local Twin Cities area as well as close to MHS. Projects and opportunities to volunteer and help those in need directly are the main focus of this group. **Contact: Heidi Thomas, 952-401-5858.**

**Heidi.thomas@minnetonka.k12.mn.us**

#### **TONKA LEADERSHIP CHALLENGE**

The Tonka Leadership Challenge (TLC) is open to any student (Grades 9-12) at Minnetonka High School. Students who pledge to be chemically free are the focus members of this group. Throughout the school year, TLC members will be involved in various leadership projects, volunteer opportunities within the school and the community, and also help in planning school-wide healthy choice events. In addition, mentoring students at our middle schools and elementary schools in regard to making healthy decisions. TLC students meet before school twice each month.

**Contact: Nancy Olson-Engbreth, 952-401-5740.**  
**Nancy.olson-engebreth@minnetonka.k12.mn.us**

#### **MINNETONKA TRAP SHOOTING TEAM**

Open to any student in good standing with Minnetonka High School or middle schools with DNR firearms safety card, a proper shotgun, membership fee, and parental permission. Students shoot Mondays for 11 weeks, April - June, at an area gun club. Fee includes both targets and shells. Mandatory safety meetings are required. All shooting practices and matches are supervised by accredited coaches. All state, local, and school district laws will apply. Students can earn a high school sports letter for achieving pre set scores. Limit of 45 students, waiting list exceeds 45.

**Contact: Steve Korin, 952-470-5995.**  
**skorin@compbuy.com**

**VIDEO PRODUCTION CLUB**

Students meet to learn about video production and plan projects and productions of their own. Students will be producing broadcast and webcast productions of multiple MHS events, both athletic and nonathletic. Students will also work on video projects that will air in and around the district and at our sister schools in China and Russia. There is an opportunity for some students to get paid for their work during the year. Students will take a field trip to a video production or broadcast facility and will hear from speakers involved in various aspects of the video production industry. No fees required.

**Contact: Alex Walker, 952-401-5957.**  
**Alex.walker@minnetonka.k12.mn.us**

**VOLUNTEER OPPORTUNITIES**

Students are encouraged to visit [www.TonkaServes.org](http://www.TonkaServes.org) for a list of current volunteer needs or to search for volunteer opportunities in an area of interest.

**Contact: Laurie Lokar, Community Service Specialist,**  
**952-401-5766. Laurie.Lokar@Minnetonka.k12.mn.us**



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 952-401-5905

[www.minnetonka.k12.mn.us/activities](http://www.minnetonka.k12.mn.us/activities)

# SKIPPER FIGHT SONG

**Go Skippers Go!  
Fight for Victory!  
With your colors flying  
we will cheer you all the time,  
rah, rah, rah!**

**Go Skippers, Go!  
Fight for Victory!  
Spread far the fame  
of our fair name  
and fight you Skippers  
win this game.**

**Rah, rah, rah, rah, rah, rah, rah,  
Fight you Skippers Fight!**

**Rah, rah, rah, rah, rah, rah, rah,  
Fight you Skippers Fight!**

**Hit 'em High! Hit 'em Low!  
Come on team Let's Go!**



**TONKA PRIDE  
2011-12**