

REVEAL

what's real

Outline for Ambassador of Reveal what's Real

Are you looking for a way to be more active within MHS? Are you willing to strengthen your commitment to being chemically free? Do you have motivation to share that belief with others in your school? Then you may be just who we are looking for!

The Reveal what's Real campaign is currently seeking students to serve as ambassadors of the message within the school and the community.

Students who are **selected** to be ambassadors will demonstrate an outspoken commitment to the Tonka CARES mission and vision: Working together to reduce underage substance use, and a vision of our community as a place where young people choose not to use and are supported and valued for that choice.

Ambassadors are asked to participate in the following activities:

- Presenting to students, parents and the community about Reveal what's Real
- Assist with the Reveal what's Real marketing campaign by:
 - o Help planning events, videos, skits, and other fun stuff (bring your creativity!)
 - o Reporting on student reaction to campaign.
 - o Putting up and taking down posters.
 - o Giving away free gifts.

Ambassadors will be required to:

- Attend a total of 3 sessions of training (2 hours each), dates TBD:
 - o Session 1 (What is social marketing/Positive Community Norms?)
 - o Session 2 (How to apply this to Reveal what's Real)
 - o Session 3 (Carrying the message) all Ambassadors **MUST** attend
- Attend Ambassador meetings
- Commit to helping with projects before and after school, or on weekends for a minimum of 2 hours per month, but no more than 10 per month.
- Understand that I may occasionally miss class for these activities (see the last page for the expectations around missing class).

Reveal what's Real Ambassador Application

Name: _____ Grade: _____
Email: _____ Phone #: _____

Please list the top 3 reasons you are applying for this position:

1. _____

2. _____

3. _____

On a scale of 1 – 5 with 1 being completely freaked out and 5 being extremely comfortable, how do you feel about speaking in front of others?

1 2 3 4 5

According to the same scale, how do you feel about talking to your fellow classmates about your reasons to not use chemicals?

1 2 3 4 5

How would you describe the current chemical use by MHS students? What changes you would like to help make?

What has helped to support you in your choice to not use chemicals?

What other activities are you currently involved with either in- or out-side of school? _____

RETURN to Nancy Olson-Engbreth at MHS by Thurs. June 9

Ambassador for Reveal what's Real

As an Ambassador for Reveal what's Real, I understand that I will be asked to demonstrate the ability to work with others to reduce underage substance use.

By signing and submitting this application, I agree to the following:

- * Remain drug and alcohol free.
- * Promote and encourage others to lead a chemically free lifestyle.
- * Be a role model through community service and peer education.
- * Be an active and committed Ambassador and share my ideas.

If I am selected, I understand that being an Ambassador means I will be involved in school-related activities that may require me to occasionally miss a few class periods. With pre-approved, signed parental permission, I will be counted as excused from these class periods.

I agree to remain current with:

- * all class assignments,
- * quizzes and tests
- * and keeping my teachers informed if an Ambassador activity requires me to miss their class.

I am willing to fulfill this obligation because I recognize that this is part of being a good role model.

I understand in applying for this position that I may not be selected at this time. Reveal what's Real Ambassadors will be selected each year and therefore I may resubmit an application for next school year during the next selection process.

Student Signature

Date

Parent Name

Phone number

Parent Signature

Date

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