



Minnetonka High School Boys' Soccer

Welcome to the Minnetonka High School Boys' Soccer Program! As the head coach at Minnetonka, I am excited to get back to work with the coaching staff and players this season. Our objective is to build upon the past successes of the program and to do our very best in every aspect of the game. We have a truly exciting season ahead, as we will face strong competition at every level.

Included in this packet is information about our pre-season captains' practices, try-outs, MSHSL policies, lettering, team expectations, and summer preparation. Try-outs begin on **Monday, August 15th, 2011 at Minnetonka High School's Upper Fields, located above Pagel center. Please check the team's website, www.minnetonkaboyssoccer.com for further details.** Please see the schedule in this packet regarding your grade level try-out times. Arrive early and be prepared to play on time. There are four different levels that one may try-out for: Varsity, Junior Varsity, 10th grade, and 9th Grade. **Notification of initial Varsity team placements and/or cuts will be made on Thursday, August 18th. Junior Varsity (JV), sophomore and 9th grade placements will be determined on Friday, August 19th.**

Please wear appropriate soccer training gear, a gray/white t-shirt, bring water, and bring mandated **NOCSAE approved shin guards**. Please make special note of the boxed area below.

Shin guards must meet the National Operating Committee on Standards for Athletic Equipment (NOCSAE) standard. The new NOCSAE shin guards will be stamped or labeled with the NOCSAE logo. They will specify which size is correct for a particular-sized player, making it easy for players, coaches and officials to differentiate which shin guards are to be worn.

MHS Activity Registration for 2011-2012

This school year the activity office will be starting online registration on July 18, 2011. The only reasons students/parents will need to come into the MHS Activity Office are:

- 1. Transfer Students or Foreign Exchange students.**
- 2. Turn in updated physical form.**

To complete the registration process, go to:

- 1. www.minnetonka.k12.mn.us**
- 2. Click on Activities**
- 3. Click on Registration Info**
- 4. Follow instructions**

The coaching staff looks forward to seeing everyone in August! I hope that you enjoy your summer, stay healthy and arrive at try-outs fit and ready to play!

Please see our new web site for further information: www.minnetonkaboyssoccer.com.

With best wishes,

Mike Rogers
Boys Head Soccer Coach
Minnetonka High School
mwrogers@mchsi.com
Mobile: (952) 270-4202

General Information Boys' Soccer - 2011

The following are some of the highlights ahead of us this season.

CAPTAINS' PRACTICES: Monday August 8th – Friday August 12th at MHS Lower Fields from 9:00 – 11:00 AM. If you have any questions about Captains' Practice, please feel free to call one of the Varsity Captains for 2011. We look forward to having a terrific season!!

2011 CAPTAINS

Marcus S.	Sam S.
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TEAM TRYOUTS: Monday August 15 – Friday August 19 at MHS Upper Fields (see schedule on next page).

FUNDRAISERS:

- Breakfast at Famous Dave's, September 17th
- Soccer Saturday ticket sales (Soccer Saturday is on September 24th)

SEASON KICK-OFF PICNIC & PAC MEETING: Tuesday, August 23rd.

- 5:30pm - 7:45 pm at MHS Cafeteria
- THIS IS A MANDATORY EVENT FOR ALL PLAYERS AND PARENTS OF ALL TEAMS to meet coaches, order clothing items, coordinates efforts for the season. Our AD Ted Schultz will also conduct our annual PAC meeting.

SUPER SOCCER KICK-OFF: Friday, August 26th

All MHS Boys teams will play at the MHS Stadium versus Chanhassen HS. Help us begin our season as we showcase MHS Soccer!

VARSITY & JV TRIP TO GRAND RAPIDS: Tuesday, August 30th

ALL LEVELS VS. COON RAPIDS AT NATIONAL SPORTS CENTER, BLAINE: Saturday, September 10th

SOCCER SATURDAY FUNDRAISER: September 24th ALL DAY@MHS

SENIOR NIGHT: Thursday, October 6th at 5PM @ MHS Stadium. Join us and honor the contributions of our seniors from Varsity and JV.

YEAR END BANQUET: November 6th at 5pm in the MHS Cafeteria

- For Players and Parents of ALL TEAMS. Join us and celebrate our season!

TEAM SCHEDULES

2011 team schedules are available on the new MHS Boys Soccer web site: www.minnetonkaboyssoccer.com. Official game schedules are posted on the MHS web site, www.minnetonka.k12.mn.us. Select Calendar, select Minnetonka High School, go to the advanced view, select boys' soccer, the level desired and the dates (i.e. 8/10/11 to 11/15/11).

Minnetonka High School Boys' Season Schedule 2011

Incoming 9th and 10th grade students will try-out from 8:30-10:00am each morning. Incoming 11th and 12th grade students will try-out from 10:30 am -12:00 noon each morning. All morning practices will be held at a location to be named. Please refer to the team's website for updates!

A varsity pool will be established by selecting players to try-out for the afternoon scrimmages. Afternoon scrimmages will be held at Minnetonka High School on the stadium field. Selection will be determined by one's morning performances with players being notified after the morning session each day. A player may be invited at any point during the try-out period to attend an afternoon session. Trying out in the afternoon does not guarantee a roster position on varsity or junior varsity.

Monday, August 15th

9th & 10th Grade: Morning session: 8:30-10:00am
11th & 12th Grade: Morning session: 10:30-12:00 noon
Varsity/JV Candidates: Afternoon session: 4:00-6:00pm (MHS stadium field)

Tuesday, August 16th

9th & 10th Grade: Morning session: 8:30-10:00am
11th & 12th Grade: Morning session: 10:30-12:00 noon
Varsity/JV Candidates: Afternoon session: 4:00-6:00pm (MHS stadium field)

Wednesday, August 17th

9th & 10th Grade: Morning session: 8:30-10:00am
11th & 12th Grade: Morning session: 10:30-12:00 noon
Varsity/JV Candidates: Afternoon session: 4:00-6:00pm (MHS stadium field)

Thursday, August 18th

9th & 10th Grade: Morning session: 8:30-10:00am
11th & 12th Grade: Morning session: 10:30-12:00 noon
Varsity/JV Candidates: Afternoon session: 4:00-6:00pm (MHS stadium field)

Initial team placements or cuts will be made after the afternoon session for Varsity

Friday, August 19th

9th & 10th Grade: Morning session: 8:30-10:00am
JV & Varsity practice: Morning session: 10:30-12:00 noon
Varsity practice: Afternoon session: 4:00-6:00pm (MHS stadium field)
Team placements or cuts will be made after last session for 9th, 10th and JV

Saturday, August 20th

Varsity & JV: ***Pre-season scrimmage at MHS***

Minnetonka High School Boys' Soccer Expectations 2011

BE ON TIME

Early is on time and on time is late. Tardiness is a reflection of your commitment to the team and your teammates.

BE PREPARED

Have soccer shoes, NOCSAE shin guards, soccer socks, shorts, white or gray t-shirt and your assigned training jersey (provided). Note: Soccer cleats may not be worn inside any building.

BEHAVE RESPECTFULLY & OBEY RULES

Be respectful of yourself and especially display respect of others. Don't do anything that will embarrass you, your teammates, the high school, or the community. **Players are expected to follow all MSHSL and MHS rules. ANY violation will result in consequences assigned by MSHSL policies and the coaching staff. Captains violating MSHSL rules will automatically lose their captaincy permanently.**

BE COMMITTED

Attendance is a priority. If for any reason you cannot attend a practice or a game, contact your level coach well in advance. If a practice or game is missed due to voluntary absence, playing time may be drastically reduced. Family or other elective conflicts need to be discussed with your coach. School work that needs to be made-up due to an illness or other excused absence will be excused with prior notification.

BE FIT

Fitness is a year-round endeavor. DO NOT expect to use preseason / try-outs to get into shape. A player must assume the personal responsibility to be fit. Being unfit could hinder playing time, impact team placement, and result in injury. Players are strongly encouraged to participate in the Minnetonka High School summer strength and conditioning program. Forms are available in the activities office or online. Players are also encouraged to play as much soccer as possible and to work out individually with the ball.

BE RESPONSIBLE FOR YOUR COMMUNICATION

Players are to talk to their team coach directly regarding any conflict or situation. **Before a parent talks to a coach, the individual player must first contact his coach.** If further discussion is needed, contact Coach Rogers. Finally, if the conflict or situation is still unresolved, a discussion with the Activities Director will take place.

BE A TEAM PLAYER

The Boys' Soccer Program is a family. Everyone is important and needed for success. Treat others how they want to be treated and accept each for their differences. Be a part of the solution.

Behavior/Rules

All players and parents are to be respectful of all players, coaches, referees, and fans. The use of foul language, harassment, hazing, chemical violations and any other inappropriate behaviors **will not be tolerated.** Consequences such as limited playing time and/or suspension will be enforced. **Players may be asked to leave the team if violations accrue or those violations are deemed inappropriate.** Players are to represent themselves, the soccer program, Minnetonka High School, and their community with the utmost pride and respect. Above all else, we must be exemplary citizens and make the boys' soccer program one that all are truly proud of.

Practices

There are morning practices and an afternoon/evening practice prior to the school year. All teams practice after school once school is in session. Practice times typically last 1 ½ to 2 hours. 9th grade, 10th grade, and

Junior Varsity teams will practice at MHS on the upper fields. 9th & 10th grade practices will typically run from 3:00-4:30pm, and the JV team practices from 4:30-6:00pm. The Varsity team will practice on the stadium turf field from 3:00-4:30pm. Occasionally, the varsity may hold a practice on a Saturday as needed.

Game Schedules

For the 2011 game schedule, go to www.minnetonka.k12.mn.us, select "Calendar", then go to the advanced view on bottom right of screen and navigate to find boys' soccer and level for Minnetonka High School. Select the dates you wish to view. The Lake Conference plays a home/away schedule with the varsity usually playing on the stadium field while other levels typically play on the upper fields or lower fields (below the baseball/softball complex). This season, all levels will have the opportunity to play on the stadium turf. Team schedules are also posted at www.minnetonkaboyssoccer.com.

Roster limits/Playing time

All levels are limited to a maximum of 22 players. The Varsity team will carry between 16-20 players depending in what the coaching staff deems appropriate for that competitive level. Varsity and Junior Varsity rosters may change due to the type of game that is being played and how an individual has performed throughout the season. A varsity pool will be established, allowing players to move between Varsity and Junior Varsity throughout the season. Players at the 9th, 10th, and Junior Varsity levels will have the opportunity to play in each game given criteria such as attitude, attendance, and effort have been met. Varsity playing time is limited to the top players.

Team Travel

All players are expected to ride the bus to and from games. A player may be allowed to travel home only with a parent/guardian and only under a special circumstance. Prior notification and written approval must be made beforehand. Contact the team's coach prior to travel date.

Program Fee List and Forms: All required forms must be completed and fees paid prior to participation in any try-out, practice, scrimmage, or game. Go to: www.minnetonka.k12.mn.us, click Activities tab, and click Registration Info. The activity fee for soccer is \$92 and a onetime participation fee of \$75 paid each school year. Additionally, everyone will need an eligibility form, an emergency card, a transportation agreement. A current physical examination (within 3 years) must be on file with the school prior to the start of try-outs. Please have all forms on file prior to the start of the fall season to avoid any missed try-outs, practice, and/or game time.

Event Fees

Admission to Junior Varsity, sophomore, and 9th grade games are free. Varsity games charge admission. The event fees are anticipated to be \$7 for adults and \$5 for students.

Summer Preparation

Players are strongly encouraged to attend the Minnetonka Strength and Conditioning program and to participate in a non-school sponsored soccer program, although not mandatory. Players should be working on individual strength, speed, agility, and endurance. Technical skills, tactical decisions, and speed of play are vital areas that determine one's team level placement. One should strive to arrive for try-outs in top physical and technical form.

Uniforms/Equipment

- **ALL soccer players must use NOCSEA approved shin-guards.** Size is determined by the length of a player's shin and come with a color code. A player may be disqualified from a game and the coach and/or player will receive a yellow card if not properly equipped. Uniforms (shorts and jerseys) are issued when team placements are determined. All players will need to provide their own pair of socks (royal blue/away and white/home). Adidas socks will be made available to purchase at the Kick-off Banquet at a discounted price. It is the responsibility of the individual player to see that all borrowed equipment is returned within one week of the final game of the season. An equipment return day will be scheduled to help players return items. Items that are lost, damaged, or not returned will need to be replaced at the player's expense. Parking permits and/or grades may not be granted to those players failing to return all uniform items.

Lettering Criteria

Letters are awarded to varsity players who have contributed to a minimum of 3 games whether they are on the bench or in the game. This includes play-offs and state tournament games, but excludes scrimmages. Seniors who have contributed to the program for 3 or more years and play on the junior varsity (JV) and have contributed on the field and/or in practices will also be awarded a letter.

Fundraising

All fundraising events and activities are usually generated, organized, and carried out by the players and parents. The captains and parents typically head up such projects. Details will follow as to what type of activities will take place. Scheduled events will be posted on the team web site, www.minnetonkaboyssoccer.com. Our main fundraising events this fall will be our breakfast at Famous Dave's and Soccer Saturday.

Awards

All-State, All-Metro, and All-Conference awards are voted on by area coaches and players are given a plaque or certificate. Team awards are assigned through a player voting system and players may nominate any teammate for any number of awards. Team award categories may include MVP, MIP, Offensive MVP, Defensive MVP and Most Inspirational Player. These awards are given out at the end of the season banquet.

Banquet

The end of the season banquet is an occasion where the players, parents, cheerleaders, coaches, and fans gather to celebrate the season. The banquet takes place in November after the season ends and typically lasts around 2 hours at a location to be determined. Season awards are presented and memories and farewells are shared. The cost of the evening is partially subsidized through fundraising activities.

Captain's Parents' Responsibilities

The parents of our players play a vital role in contributing to the success of our soccer program. Parents are encouraged to help out the soccer program, especially if they have strengths in certain areas. The captains' parents may find some areas to be their particular domain, but other responsibilities may be shared with other parents and players. The duties of the captain's parents may include:

- Helping to keep accurate financial records of soccer fundraiser accounts
- Organizing, planning, and involvement in fundraisers
- Transitional meeting with previous year's parents
- Arranging and planning pre and post-season banquet
- Securing volunteers: (i.e. video taping of games, concessions, website)
- Arranging transportation and accommodations for road trips
- Liaison between parents and coaches

Captain's Responsibilities

Captains are elected by both the players and the coaching staff. The players vote at a post-season meeting. Their duties and responsibilities are varied and are to be taken seriously. *Captains violating MSHSL rules will automatically lose their captaincy permanently.*

- Organizing, planning, and involvement in fundraisers
- Link between coaching staff and players
- Planning team events (dinners, picnics, gatherings, etc...)
- Providing leadership to players, the team, and the program
- Planning and running pre-season practices, warm-ups, and summer workouts
- Representing the team, Minnetonka High School, and community in a professional manner.
- Arranging post season banquet
- Securing volunteers



JOIN OUR DISTRIBUTION LIST

PLAYERS: If you would like to be on our distribution list for the fall, please contact Laurie Stoltenberg at lstoltenberg@comcast.net and provide the following information:

Player's name: _____

Entering Grade Level: _____

Player's email address: _____

Home phone number: _____

Player's cell phone number: _____

Position you are most comfortable playing: _____

PARENTS: If you wish to receive periodic communications from Captains' parents, please provide your name, son's name and grade level, and your email address to Laurie Stoltenberg at lstoltenberg@comcast.net.

This information will be used exclusively for the purpose of communicating with our MHS Boys' Soccer players, parents and coaches.