



**MINNETONKA MIDDLE SCHOOL EAST
7th & 8th GRADE GIRL'S VOLLEYBALL
FALL 2011**

Pre-season meeting: 9/7/10, room 141A, 4-4.30pm.

COACHES: *MARY KAY BURMESCH, DAWN BRUESEHOFF*

A. REQUIRED FORMS FOR PARTICIPATION

The following forms are required before allowing the athlete to participate:

- Student athlete checklist (see below)
- Sport's Physical Exam Form (valid for 3 years). A child wellness check does **not** qualify as a sport's physical.
- MME Eligibility Form – sign all areas.
- Emergency Card
- Transportation Form

All forms are found on the MME home web page (Athletics – Forms and Fees):

<http://www.minnetonka.k12.mn.us/SCHOOLS/MIDDLESCHOOLEAST/ACTIVITIES/Pages/RequiredFormsandFees.aspx>

Please print, fill out and return forms to the coaches ASAP. A student can not be practice until all forms are in.

B. FEES

There is a \$60.00 sport activity fee.

There is also a one-time participation fee of \$50.00 covering all activities for the year.

You are encouraged to pay fees on-line. (Instructions are on the web-page.)

Please make check out to MME. Please put your student's name, grade and 'VB' on the memo line of the check.

C. PRACTICE SCHEDULE

1. Daily practices will be held Mon.-Fri. from 4:05-5:20 PM. Players must be dressed and on the floor ready to practice at 4:05. **Please be prompt (5:30) in picking players up after practices.** Players need to be picked up at the gym doors.
2. Players are responsible for supplying their own set of knee pads and mouth guard (optional). Uniforms for games will be distributed prior to the first match.
3. A written note 24 hours in advance is required if a player is going to miss practice for a legitimate reason. (Doctor's appointment, family out of town etc.)
4. A player who needs to see a teacher after school and will be late to practice should bring a note from the teacher.
5. A player who is sick and is on the absent list will be excused.
6. Unexcused absences include detention, failure to notify a coach ahead of time, or no-show. Unexcused practices will cause a player to receive less playing time, and if it is the day before a match, she will not start the first game.
7. Players who continually miss practice or are tardy will receive less playing time.

- D. **MEETS** You can view the schedule and sign up for electronic reminders and notification of schedule changes at the following website:

http://www.classicmsjh.org/g5-bin/client.cgi?G5genie=276&school_id=4

You can also click on the location for each event to find maps and directions.

There are 10 scheduled matches against other Classic Lake Conference schools. The Home matches will begin at 4:15 pm. and the away matches will begin at 4:30pm. Generally we start with the B match with the A match directly after that. It is important that all members of the A and B teams remain for both matches in order to support their team.

1. All players ride the bus to and from away meets. A written note prior to the match is required if a player is not going to ride the bus back to school.
2. Arrival back to school following away matches is around 6:15 pm depending on the length of the matches (directions for game sites are on the web-page). Players are allowed to enter school to call home after matches. **Please be prompt in picking up your player.**

We are looking forward to an enjoyable volleyball season. If you have any questions concerning the above policies or the season, please contact one of the coaches.

HEAD COACH – Mary Kay Burmesch (952) 401-5240 mary.burmesch@minnetonka.k12.mn.us

STUDENT ATHLETE CHECKLIST

NAME _____

ACTIVITY _____

The following checklist needs to be completed and turned in with all associated forms and fees.

Instructions on how to pay fees online and all required forms are available at our website:

<http://www.minnetonka.k12.mn.us/Schools/MiddleSchoolEast/Activities/Pages/RequiredFormsandFees.aspx>

You are not allowed to practice until all of the following taken care of:

<input type="checkbox"/>	<p>\$50 PARTICIAPTION FEE – <u>ONLINE PAYMENT IS PREFERRED</u>; this fee can be combined with the activity fee on one check. <i>Please put the student's name and grade on the memo line of the check and tick the box to the left.</i></p>
<input type="checkbox"/>	<p>\$60 ACTIVITY FEE – <u>ONLINE PAYMENT IS PREFERRED</u>; this can be combined with the participation fee on one check. <i>Please put the student's name and grade on the memo line of the check and tick the box to the left.</i></p>
<input type="checkbox"/>	<p>SPORTS PHYSICAL EXAM FORM ON FILE – this form is available at the MME activities website. <u>This is different from a general physical and the form is specifically for athletes</u> and needs to be <u>signed by your doctor</u> and turned in to the health officer who will stamp on the line below to confirm receipt.</p> <p><i>If you have a physical on file already, please check the box and take this form into the health office for Mrs. Motsick to stamp on the line below:</i></p> <p style="text-align: center;">_____</p> <p><i>A physical is valid for 3 years, so you only need to take care of this once during your time at MME.</i></p>
<input type="checkbox"/>	<p>MIDDLE SCHOOL EXTRA CURRICULAR ACTIVITIES ELIGIBILITY FORM - this form is available at the MME activities website. Please complete the form, print it out and make sure it is signed by a parent AND the student. This form includes a Health Questionnaire, Transportation 1201B and Parent Drive forms. <i>This form needs to be completed just once each school year – if you completed this form earlier in the school year, enter the sport you participated in here:</i></p> <p style="text-align: center;">_____</p>
<input type="checkbox"/>	<p>EMERGENCY CARD - this is available at the MME activities website. Use the auto-complete version if possible – you can then save it to your computer for future use and updating. Print off 2 copies and place them in the envelope for your coach. <i>You need to turn in 2 copies for each sport you participate in.</i></p>

Please check off all of the above boxes as you complete each item.

Place the following inside an envelope and hand to your coach:

- This form
- A check for any fees you have not yet paid and/or copies of receipts for online payments.
- Co-curricular eligibility form
- Emergency card (*2 copies please*)
- Do NOT put Physical form in the envelope – turn it in to the health office and have this form stamped – no stamp, no play or practice!

Thank you – have a great season!

Updated May 2011

MME SCHOOL FALL SPORTS – 2011

FALL SPORTS	STARTING DATE	ACTIVITY FEE	ANNUAL PARTICIPATION FEE
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Cross-Country Running – Boys and Girls, all grades	Wednesday September 7th	\$60.00	
Tennis – Girls, all grades	Wednesday September 7th	\$60.00	
Volleyball, Grades 7 & 8 only	Wednesday September 7th	\$60.00	

Participation fee - \$50.00

This fee is paid once per year by students who participate in enrichment activities, clubs and/or athletic programs.



Activity Fee - includes cost of uniforms and equipment, cost of repairs to uniforms and equipment, and a portion of the office operational costs.

Sports Information Packets - These packets have information specific to each sport as well as registration details and contact information:

<http://www.minnetonka.k12.mn.us/Schools/MiddleSchoolEast/Activities/Pages/default.aspx>

Pre-season Meetings - Teams will schedule parent/athlete meetings. See the sport specific packet for details.

Insurance - The school does NOT provide INSURANCE – Insurance must be provided by a family policy.

REFUND POLICY:

1. **Injury** - Refund pro-rated.
2. **Ineligibility** - No refund as student may continue to practice.
3. **Quit /Withdrawal from team** - Up to 1st contest/game = 75% refund.
After 1st contest/game = no refund.

For specific questions regarding fall sports, call the head coaches:

Girls' Tennis	Paul MacKinney	401-5200
Volleyball	Mary Kay Burmesch	401-5200
CC Running	Carson Hoeft	401-5200