

# MME SCHOOL WINTER SPORTS – 2011

SPORTS	STARTING DATE	ACTIVITY FEE	ANNUAL PARTICIPATION FEE
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CC Skiing	See letter below	\$60.00
Wrestling	Wednesday November 2nd	\$60.00

Participation fee - \$50.00

This fee is paid once per year by students who participate in enrichment activities, clubs and/or athletic programs.



**Activity Fee** - includes cost of uniforms and equipment, cost of repairs to uniforms and equipment, and a portion of the office operational costs.

**Sports Information Packets** - These packets have information specific to each sport as well as registration details and contact information:

<http://www.minnetonka.k12.mn.us/Schools/MiddleSchoolEast/Activities/Pages/default.aspx>

**Pre-season Meetings** - Teams will schedule parent/athlete meetings. See below for details.

**Insurance** - The school does NOT provide INSURANCE – Insurance must be provided by a family policy.

## **REFUND POLICY:**

1. **Injury** - Refund pro-rated.
2. **Ineligibility** - No refund as student may continue to practice.
3. **Quit /Withdrawal from team** - Up to 1st contest/game = 75% refund.  
After 1st contest/game = no refund.

For specific questions regarding fall sports, call the head coaches:

Wrestling	Al Plante	412-6319
CC Skiing	Mary Kay Burmesch	401-5200

**A WRESTLING INFORMATIONAL MEETING WILL BE HELD ON WEDNESDAY NOVEMBER 30<sup>TH</sup> IN ROOM 152 AFTER SCHOOL UNTIL 4.45PM.**

## MME Nordic Ski Team

**Coaches:** Mary Kay Burmesch and Greg Reinhiller

The ski season is set to start with an informational meeting on Wed. Nov. 30. We will have ski fitting and prep sessions Dec. 5-7 (8<sup>th</sup> grade fittings – Dec. 5 / 7<sup>th</sup> gr. – Dec. 6 / 6<sup>th</sup> gr. Dec. 7) First Day on Snow? Dec. 8<sup>th</sup> if there is snow - otherwise first practice will be Dec. 12.

The team goal is to learn basic technique for both classical and skate, build endurance, experience racing and most importantly have fun!

**ALL FORMS AND FEES MUST BE TURNED IN BEFORE YOU CAN PARTICIPATE – see registration form below:**

- Fees paid
- [Student Athlete Checklist](#)
- Emergency Card (2 copies)
- MME Eligibility Form
- Sports Physical (good for 3 years) – must be in before 1<sup>st</sup> practice.
- Transportation Forms (attached to Eligibility Form)

**Forms can be downloaded from the MME web page.**

<http://www.minnetonka.k12.mn.us/Schools/MiddleSchoolEast/Activities/Pages/RequiredFormsandFees.aspx>

**Fees may be paid on-line also.**

- \$60 activity fee for the ski team. (Scholarships available if needed).
- \$50 district participation fee. (This fee is paid only once per year. If the student has already paid it for another activity you do not have to pay it again.)
- **Please make check out to MME or pay on-line.** (One check for both fees is great.)

### **Equipment:**

We will be learning both classical and freestyle (skating) techniques. We have a supply of equipment on hand for student use. Students are encouraged to bring their own equipment if they have it. Students can store equipment at school. Students will learn proper care and waxing techniques. Special team pricing is available at most shops. Prices are generally 10-20 % lower for team purchase.

### **Practices:**

Practices will be at MME. Practices will end at **5:15pm**. **Please pick your student up at the pool entrance at 5:25pm**. Extremely cold days will prevent outside practice and we will do indoor activities or cancel practice. There will be a schedule of field trips to local parks coming out at a later date. On those nights we generally return between 6.00 and 6:30pm.

**Updates:** Your skier will be enrolled in the Ski Class on Schoology which will feature announcements of changes, field trips, race pictures and other information. An e-mail contact list will be created. If you wish to be on this list please e-mail [mary.burmesch@minnetonka.k12.mn.us](mailto:mary.burmesch@minnetonka.k12.mn.us) so you can be added to the list.

### **Suggested Clothing:**

Fleece, wool, and polypropylene are best for outdoor conditions. Dress in layers and have a wind-breaking layer. You should cover all exposed skin in case of wind or extreme cold. **Hats and gloves/mittens are a must.** Students without proper clothing will not practice with the team. Students must have dry socks, gloves, and a hat for each practice. Boots are often wet from frequent use so wool blend socks are the best.

If you have any question please feel free to call Ms. Burmesch or Mr. Reinhiller at 952-401-5200 or e-mail at [mary.burmesch@minnetonka.k12.mn.us](mailto:mary.burmesch@minnetonka.k12.mn.us) [greg.reinhiller@minnetonka.k12.mn.us](mailto:greg.reinhiller@minnetonka.k12.mn.us)

# **NORDIC SKIING REGISTRATION**

NAME \_\_\_\_\_

ACTIVITY **CC Skiing**

The following checklist needs to be completed and turned in with all associated forms and fees. Instructions on how to pay fees online and all required forms are available at our website: <http://www.minnetonka.k12.mn.us/Schools/MiddleSchoolEast/Activities/Pages/RequiredFormsandFees.aspx>

**You are not allowed to practice until all of the following taken care of:**

<input type="checkbox"/>	<p><b>\$50 PARTICIPATION FEE – ONLINE PAYMENT IS PREFERRED;</b> this fee can be combined with the activity fee on one check. <i>Please put the student's name and grade on the memo line of the check and tick the box to the left.</i></p>
<input type="checkbox"/>	<p><b>\$60 ACTIVITY FEE – ONLINE PAYMENT IS PREFERRED;</b> this can be combined with the participation fee on one check. <i>Please put the student's name and grade on the memo line of the check and tick the box to the left.</i></p>
<input type="checkbox"/>	<p><b>SPORTS PHYSICAL EXAM FORM ON FILE</b> – this form is available at the MME activities website. <u>This is different from a general physical and the form is specifically for athletes</u> and needs to be <u>signed by your doctor</u> and turned in to the health officer who will stamp on the line below to confirm receipt.  <b><i>If you have a physical on file already, please check the box and take this form into the health office for Mrs. Motsick to stamp on the line below:</i></b></p> <p style="text-align: center;">_____</p> <p><i>A physical is valid for 3 years, so you only need to take care of this once during your time at MME.</i></p>
<input type="checkbox"/>	<p><b>MIDDLE SCHOOL EXTRA CURRICULAR ACTIVITIES ELIGIBILITY FORM</b> - this form is available at the MME activities website. Please complete the form, print it out and make sure it is signed by a parent AND the student. This form includes a Health Questionnaire, Transportation 1201B and Parent Drive forms. <i>This form needs to be completed just once each school year – if you completed this form earlier in the school year, enter the sport you participated in here:</i></p> <p style="text-align: center;">_____</p>
<input type="checkbox"/>	<p><b>EMERGENCY CARD</b> - this is available at the MME activities website. Use the auto-complete version if possible – you can then save it to your computer for future use and updating. Print off 2 copies and place them in the envelope for your coach. <i>You need to turn in 2 copies for each sport you participate in.</i></p>

Please check off all of the above boxes as you complete each item. Place the following inside an envelope and hand to your coach:

- This form
- A check for any fees you have not yet paid and/or copies of receipts for online payments.
- Co-curricular eligibility form
- Emergency card (**2 copies please**)
- Do **NOT** put Physical form in the envelope – turn it in to the health office and have this form stamped – no stamp, no play or practice!

Thank you – have a great season!

*Updated Oct 2011*